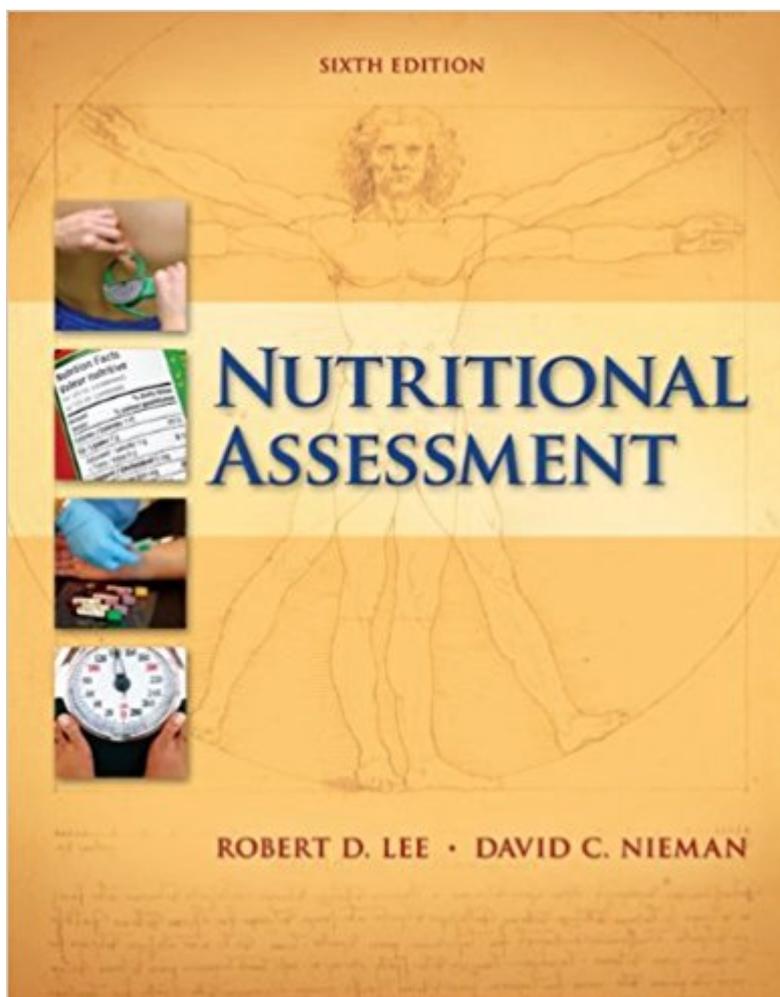


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# Nutritional Assessment



## Synopsis

This text describes the four major methods of nutritional assessment (dietary, anthropometric, biometric, and clinical) in an understandable and contemporary way. It thoroughly covers assessment of the hospitalized individual, but also serves as an invaluable resource to the nutrition professional working in such areas as public health and community nutrition, corporate health, and sports medicine.

## Book Information

Spiral-bound: 512 pages

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Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (9 customer reviews)

Best Sellers Rank: #337,385 in Books (See Top 100 in Books) #86 in [Books > Medical Books > Nursing > Medical Nutrition](#) #141 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Nutrition](#) #2374 in [Books > Health, Fitness & Dieting > Nutrition](#)

## Customer Reviews

I have used this book more than any other text during my professional and teaching career. It's not easy to read, but it has all the pertinent info, charts, and tools needed to perform a thorough assessment.

I bought this for a class - it seems to be the same material as the US published one, but the pages don't align with what my teacher is telling us to read. It was a good deal, but I'm not convinced I'd buy an international version again.

This book gives a comprehensive description of the different methods of nutritional assessment from anthropometry, biochemical, clinical and dietary methods. I use this book as one of the references in Nutritional Assessment, but this can also be used by students and professionals from allied health studies. For the next version, I would like to see chapters on assessment methods appropriate for emergencies, disasters, refugee settings and those for developing countries.

Matches up exactly to the domestic student version from what I have read, and at a fraction of the price.

I wish I would have had a need to use it more for my class but when reading the first chapter it was quite a drag.

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